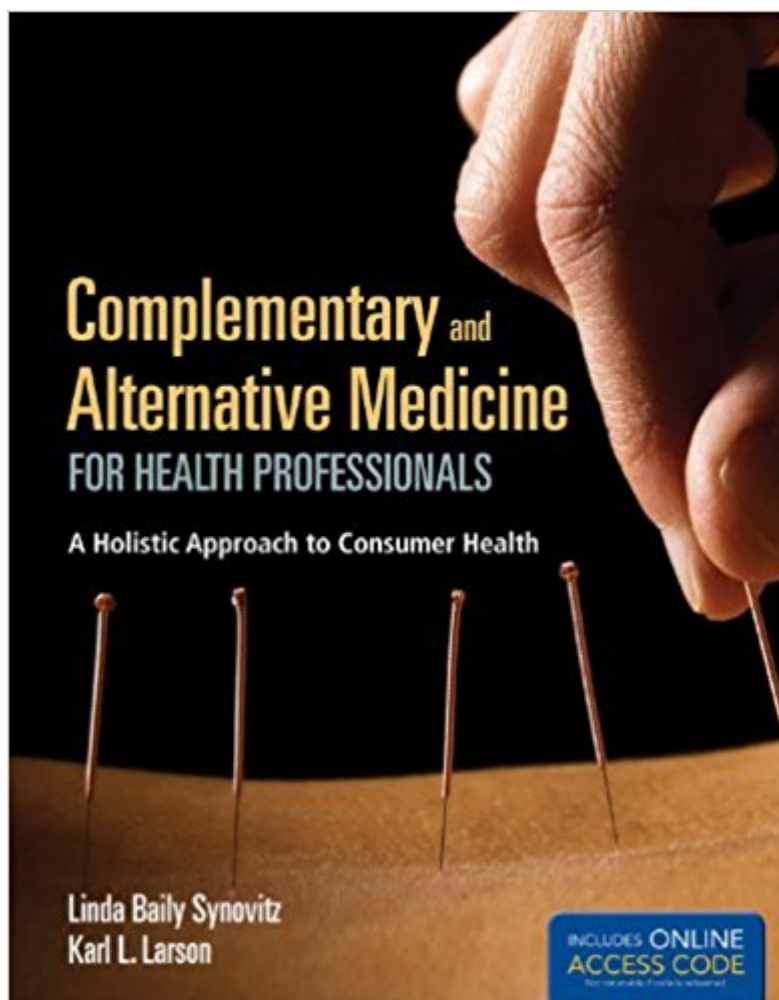




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# Complementary And Alternative Medicine For Health Professionals: A Holistic Approach To Consumer Health



## Synopsis

Highly researched and referenced, *Complementary and Alternative Medicine for Health Professionals: A Holistic Approach to Consumer Health* educates students about the many complementary and alternative medicine (CAM) modalities that are available, in addition to the more traditional methods that exist. Early chapters provide an overview of both traditional and alternative medicine, scientific method and steps in scientific research, and look at the cost of health care in the U.S. Later chapters introduce students to integrative medicine and provide a thorough overview of CAM practices employed today. Topics that are covered include acupuncture, meditation, herbals and aromatherapy. By reading this text, students will become astute at distinguishing among those traditional and CAM health practices that are helpful, those that have been scientifically tested, and those that may offer no benefit.

## Book Information

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## Customer Reviews

Received this right on time just as it said. A few lil highlights never hurt anyone and I needed it just for 4 weeks. This was the best deal with the fastest shipping I could find on this book. Overall great purchase great book!

Excellent book for health professionals and others who prefer an objective approach to the subject. It is also wide ranging in its coverage. Perfect for short courses and foundation modules of advanced degree courses.

Got this book for a summer class. The book is VERY detailed and is helpful for the course.

Clear and well laid out, but out of date.

The book meets the requirements for my college level, undergraduate course. It encompasses CAM theories, while incorporating allopathic medical practices and policies.

Excellent !

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